Adolescent & Children’s Rehabilitation Program

**Madonna Rehabilitation Hospital- Lincoln**

How much experience does Madonna have treating people like me?
Overall, there were 113 pediatric admissions to inpatient acute rehabilitation at Madonna in the last year.
- Last year, Madonna discharged 106 inpatients from the children and adolescents program on the Lincoln campus.
- Overall the average age at discharge was 11 years old. The graph below shows how many children were discharged when grouped by age.

<table>
<thead>
<tr>
<th>Age Group</th>
<th># of Patients Discharged</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-2 yrs</td>
<td>21</td>
</tr>
<tr>
<td>2.1-5 yrs</td>
<td>5</td>
</tr>
<tr>
<td>5.1-8 yrs</td>
<td>7</td>
</tr>
<tr>
<td>8.1-13 yrs</td>
<td>24</td>
</tr>
<tr>
<td>13.1-15 yrs</td>
<td>14</td>
</tr>
<tr>
<td>15.1-18 yrs</td>
<td>35</td>
</tr>
</tbody>
</table>

- Diagnoses included the following:
  - Brain Injury—48
  - Stroke—8
  - Spinal Cord Injury—17
  - Amputation/Orthopedic - 6
  - Neurological Conditions—4
  - Multiple Medical Trauma – 4
  - Congenital/Developmental - 7
  - Burn—4
  - Other Medical Conditions—8

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th># of Patients</th>
<th>Average Length of Stay</th>
<th>Satisfaction Rating of Excellent or Good</th>
<th>Discharge to Community</th>
<th>FIM Gain</th>
</tr>
</thead>
<tbody>
<tr>
<td>BI</td>
<td>48</td>
<td>26.3 days</td>
<td>89%</td>
<td>82.6%</td>
<td>32</td>
</tr>
<tr>
<td>SCI</td>
<td>17</td>
<td>47.6 days</td>
<td>90%</td>
<td>92.8%</td>
<td>40</td>
</tr>
<tr>
<td>Stroke</td>
<td>8</td>
<td>27.3 days</td>
<td>80%</td>
<td>87.5%</td>
<td>33.2</td>
</tr>
</tbody>
</table>

Does Madonna have a separate area for children and adolescents?
Unlike any other rehabilitation setting in the region, Madonna has a dedicated rehabilitation unit for adolescents and children, the Alexis Verzal Children’s Rehabilitation Hospital (AVCRH). The physicians, nurses and therapists who work in AVCRH have special competencies in treating adolescents and children.

Where do families come from?
Hospitals throughout the Midwest refer adolescents and children to AVCRH. Last year 88% of those admitted traveled from outside Lincoln because of the unique setting and expertise in rehabilitation we provide.

How much therapy will my child have?
Last year, children and adolescents served had an average of 3.6 hours of physical, occupational, speech, psychology, and/or recreational therapy per day delivered by licensed therapists. As appropriate, your child may also receive respiratory therapy, nutrition therapy or support from the therapeutic learning center.

How long will my child be at Madonna?
Last year patients and families stayed on average 28 days.

How often will my child see a doctor?
Your child will be seen regularly by Dr. Kafka, a physiatrist who specializes in rehabilitation, by pediatric hospitalists Dr. Pinkall or Dr. Biven, and as needed by physicians with other medical specialties.

My child has other medical problems. What happens if he/she gets sick or has a medical emergency?
- The doctors and nursing staff will monitor your child’s medical condition. Madonna has on-site laboratory and radiology services. Most tests are available should your child need them, with results in less than 24 hours.
- Medical staff is available 24 hours per day, 7 days per week, with Pediatric Advanced Life Support certification, and the equipment and processes in place to respond to medical emergencies.
- Last year, 5.5% of the adolescents and children served had an unplanned return to acute care. Most were able to return to AVCRH, complete their rehabilitation program and return home.
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What kinds of outcomes can I expect?
• 92% of children/adolescents met their predicted outcomes at discharge.
• 84% were discharged to a community setting.
• Functional gains met or exceeded the targets for both FIM and WeeFIM measures.
• Children/adolescents participate in school re-entry activities, utilizing Madonna’s Therapeutic Learning Center. With few exceptions children/adolescents were able to return to school within six months of discharge.

What do other people say about their experience at Madonna?
• 85% of patients rated their overall experience as excellent or good.
• 100% said they would “definitely” recommend Madonna to family or friends.

Is Madonna accredited?
Yes, by the Commission on Accreditation of Rehabilitation Facilities commonly referred to as CARF International. The pediatric program is has achieved and maintains standards in the following areas;
• Comprehensive Integrated Inpatient Program
• Pediatric Specialty Program
• Brain Injury Specialty Program,
• Spinal Cord System of Care
• Stroke Specialty Program